

Will fixing the past mend the future?

A MOTHER'S JOURNEY

PRESS KIT



Directed by Sade Adeniran

CAROLINE CHIKEZIE

LACE AKPOJARO

HELEN OSABUTEY

DADA ASHI

SYNOPSIS

A Mother's Journey continues the story of Lola Ogunwole, who as a child, was abandoned by her mother. Now a mother herself, she is suffering from postnatal depression. As part of her treatment, her therapist has suggested she reconcile with her mother.

With the support of her husband, will Lola finally heal the hidden scars, by meeting the woman who left her? Or is she destined to repeat the cycle and sins from a childhood she'd rather forget?

FILM INFO

Title:	A Mother's Journey
Director:	Sade Adeniran
County:	United Kingdom
Year:	2016
Format:	Digital
Running Time:	18:56
Genre:	Drama
Rating:	PG
Language(s):	English



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DIRECTOR'S STATEMENT

Film has a uniquely powerful ubiquity within human culture. I love movies because they can inspire, make you see the world in a different way, give you comfort, make you laugh, cry and everything in-between. As a storyteller I want to create content that transcends cultural barriers and shows people as human and not other, regardless of race, religion, sex or creed.

After my first short film, my plan was to make my first feature, *Imagine This*. However, in order to reach that goal I needed to prove myself as a writer director who knew how to engage an audience. So instead of embarking on my first feature, I was fortunate to be able to raise enough money to make a second short film. *A Mother's Journey* is the sequel to my award winning 2008 novel, *Imagine This*. In the film, I revisit the protagonist from the novel, Lola Ogunwole, - played by actress Caroline Chikezie (*The Sweeney*, *Footballers Wives* and *Channel 4s* cult show *As If*) - fifteen years after the end of the book.

In the novel, Lola Ogunwole was abandoned by her mother. Now a mother herself, and suffering from postnatal depression, will Lola finally heal the hidden scars by meeting the woman who left her? Or is she destined to repeat the cycle and sins from a childhood she'd rather forget?

Postnatal depression is a mental health disorder, which leaves those who suffer from it feeling isolated and ashamed. With no definitive cause, what most experts do agree on is that, a combination of factors leads to this mental health disorder and can affect any woman regardless of race, religion or social status. Most women suffer in silence due to the shame they feel and therefore delay getting any help. The most important treatment and aid for women going through this, is the support of their families.

A Mother's Journey is not a film that purports to have the answers, what I hope it will do, is shed a little light on the darkness which can sometimes overshadow what should be a joyful time in a family's life. I hope it also highlights the support needs of the women who are suffering in silence.



DIRECTOR BIO

SADE ADENIRAN is primarily known for her debut award winning novel *Imagine This*, which won the 2008 Commonwealth Writer's Prize. She has also written for radio and theatre, however, Sade is also a filmmaker and *A Mother's Journey* is her second short film, which she describes as the long awaited sequel to *Imagine This*.

She is currently rewriting the adapted script of her novel, which made it into the 2nd round of the Sundance Screenwriters Lab. Sade is also developing a comedy feature script about a Nigerian wedding as well as producing the second series of her short story podcasts (SWoSSP) which promotes African writers and stories. Her second novel which is a collection of short stories, is due to be published in 2016.



CAST

CAROLINE CHIKEZIE is a graduate of ALRA (Academy of Live and Recorded Arts) and is best known for her roles opposite some of Hollywood's biggest stars. She has appeared in *Breaking and Entering*, *Aeon Flux*, *Eragon*, *The Sweeney*, Channel 4's *As If*, *Footballers Wives*, and the US TV cult show *Supernatural*.



HELEN OSABUTEY started acting as a child in the village square of her home-town Ajowa, Nigeria. She began her Nollywood career with the big hit Yoruba movie 'Ito' which she wrote and produced. Helen's other starring roles include: *Owo oju eegun*, *Alaimokan*, *18 Carat Mama* and *Murderer-in-law*.



LACE AKPOJARO trained at Identity Drama School. His work in the theatre includes roles in *Torn*, *Egusi Soup*, *The Meeting for Collective Artistes*, *Ladykillers* and *One Man Two Guvnors*. His TV work includes *Sherlock*, *Law and Order UK*, *Silent Witness*, *Meet the Adebajnos* & *The increasingly poor decisions of Todd Margaret*.



DADA ASHI is a stage, TV actress and a voice over artist who has appeared in numerous projects including *Triage* a film directed by award winning Danis Tanovic. Dada has worked on a multitude of national and international commercials for companies such as British Airways, Brussels Airlines and Cunard Line.

CREDITS

Written & Directed by
Sade Adeniran

CAST

Caroline Chikezie	LOLA OGUNWOLE
Lace Akpojaro	ADEBAYO ELESHIN
Helen Osabutey	MUMMY
Dada Ashi	MRS. AJAO
Gordon Case	MR. AJAO
Baby	ANNA JIMOH

POST -PRODUCTION

Editor	MIKEE CORCORAN
Sound designers	FREDDIE NEVISON ANDREW SANSOM
Colour Grader	DANYAL KADIR

CREW

Producer	SADE ADENIRAN
Cinematographer	CHRIS DODDS
1st Assistant Director	EVY BARRY
2nd AD	GENIVA CRISHOLM
3rd AD	ROXANA GHIRBOMEAN

Costumes provided by
MAZE COUTURE

Joy Turned to Pain
Performed by Claudia Young
Lyrics by Sade Adeniran & Claudia Young

1st AC	JONNY ISELI
2nd AC	CLARA POZAS
Gaffer	GARY SOBCZYK
Location Sound	DANIEL DE'ATH

Art director	ELIZABETH SLATER
Make up artist	SARAH SHAW
Stills Photography	TAKEO ASAKURA

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